

A woman in a red and black sailing jacket and cap, smiling and holding a yellow rope on a boat deck. The jacket has "PEAK PERFORMANCE" written on the sleeve and "MUST" on the chest. A "CLIPPER WORLD" logo is visible on the rope. Other crew members are visible in the background.

Coco Round the World

A Sailing Race around the World

**« A ship in a harbour is
safe, but that is not what
ships are built for. »**

(John August Shedd)



The Route

The fleet is **circumnavigating**, having its home port in the UK. The stopover destinations for the 2025/26 race edition will be confirmed in early 2025.





The Yacht

The fleet consists of eleven Clipper 70s. They are built for offshore racing, stripped of all luxuries. This is reflected in the inside of the boat: there are bunk beds, the galley (kitchen), a navigation station and two toilets (heads).

Further a Clipper 70 is equipped with different type of sails: the main sail, fore sails (Staysail, Yankees and asymmetric spinnakers).

*All work is carried out only using **muscle power**.*

Length	23 m (70 ft)
Mast	29 m
Weight	40 t



Credit: www.clipperroundtheworld.com

The Race

The Clipper Race is the brainchild of Sir Robin Knox-Johnston, the first person to sail solo non-stop around the world in 1969. The first Clipper Race took place in 1996. Since then, every second year the race starts in late summer in the UK.

A professional skipper, an AQP (additional qualified person) and an international crew of amateur sailors are competing on the Clipper 70. Part of the crew will be circumnavigating; others are opting to do one or several legs.

Fleet	11 Clipper 70
Months	11
Races	13-16

Legs	8
Nautical miles	~46 850 (75 500 km)
Weeks at sea	46



The Challenge

The **mental challenge**: you spend eleven months in a very confined space without any comfort. One must constantly adapt to the changing conditions: storms, rough seas, the cold as well as heat or calm. The vastness and loneliness of the world's oceans must be endured. Maintaining motivation and concentration over such a long period of time requires a lot of determination.

The **physical challenge** lies in the fact that all work such as hoisting, changing or trimming sails is done by hand. Given the sheer size of the Clipper 70 and the corresponding weight of the sails, this is strenuous work. In addition, there is repair work, cooking, cleaning and planning to do, on a boat, that is constantly in motion. The physical condition is further challenged by the 24/7 watch system.

The **social challenge** is that this race can only be successfully mastered as a team. A team that changes halfway through each leg and must grow together as quickly as possible to form a functioning unit. A group of people with the most diverse backgrounds, to whom you entrust your life every day anew.

About me - Coco

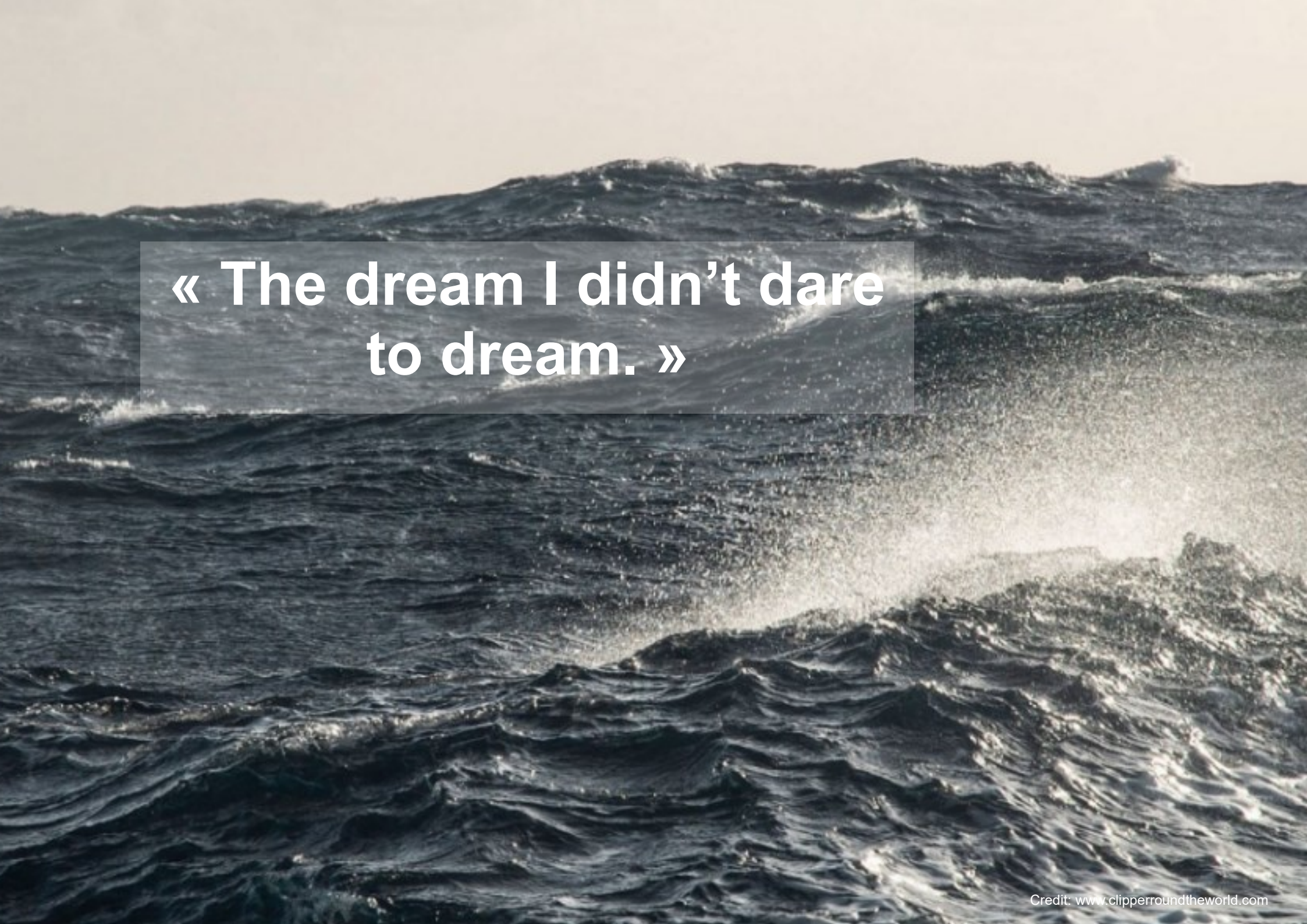
I am neither a professional sportswoman nor a sailor.

I grew up in the canton of Appenzell Ausserrhoden between mountains and cows. It's a little miracle that I learnt to swim at all. My A-levels with a focus on modern languages and my curiosity gave me a key to the big wide world. I later learnt to scuba dive, studied geography, was a ski instructor, travelled and worked as a geographer.

*At some point, I started **dreaming** of a circumnavigation with a sailboat. Without sailing experience, resources and technical expertise, this dream seemed so unattainable for a long time that I didn't even dare to dream about it.*

*I have great respect for this project. However, the call of the sea and the adventure is at least as loud as the respect. I am inspired and fascinated by our natural world, I am curious about cultures and people. I most **feel alive** when I am outdoors and moving. Living in the moment brings me great satisfaction.*





**« The dream I didn't dare
to dream. »**

Budget

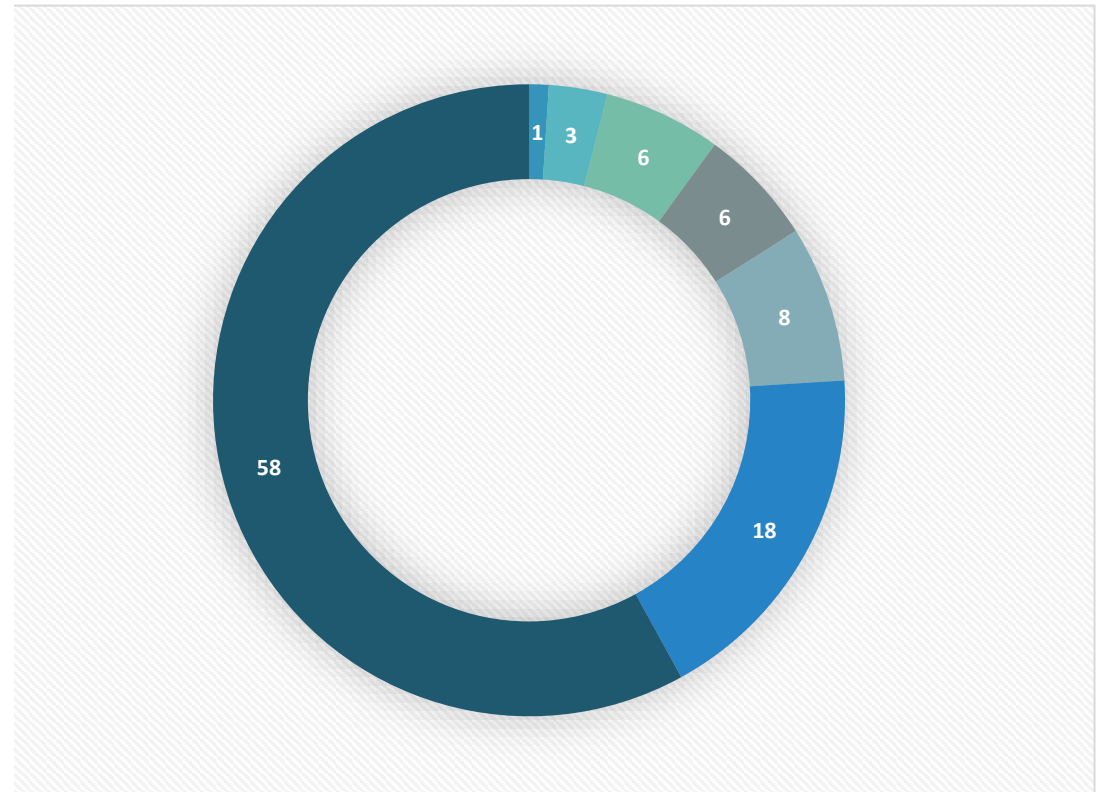
My budget is **85 000 CHF** for the Race and 2 years of preparation.

Preparation (14 %)

- 6 % 4 Weeks Offshore Training in the UK
- 3 % Material
- 3 % Accommodation / Expenses
- 2 % Sailing / Physical Training

Race (86 %)

- 58 % Organisation / Logistics / Fleet
- 18 % Accommodation / Food
- 6 % Material
- 3 % Insurance / Visa
- 1 % Health





Your support matters!

Currently *not* yet *covered* in the budget are e.g:

- *Sailing boots for warm and dry feet*
- *A Drysuit as a life insurance in the cold waters*
- *A Sleeping bag suitable for sailing*
- *Sunglasses against UV radiation, and spare*
- *Water-resistant headlamps*
- *Vitamin C, zinc, magnesium against scurvy and mineral deficiency*
- *A few nights per stopover to recharge the batteries and dry all the clothes*
- *Gaps in retirement provisions*
- *The unforeseen*
- *And lots of little things*

**I want to inspire
and encourage.
To initiate and
move.**

Do you want to join the adventure?

For your **support** I could ...

... give you an experience report after my return, with impressions and stories from the sailing race around the world. For example at your team event, club event or at an event with family or friends.

... mention you/your company on my website / Instagram.

... immortalise your name/company on the supporter T-shirt that comes with me on the circumnavigation.

... give you/your company an interview during my trip or write a postcard from the stopover of your choice.

I am particularly keen to motivate and inspire women and girls to realize their dreams and ideas.

Do you have another idea? Then get in touch with me!

Share - Tell everyone about it!

Donate - Every penny counts!

Help - with material, literature, contacts!





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**Thank you for
joining me on
my adventure!**